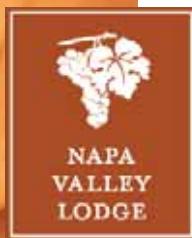


## NAPA VALLEY LODGE



# In-Room Spa Menu

### *Bodywork & Massage*

#### *The Lodge Massage*

This flowing, nurturing massage uses a signature blend of oils from pressed olives, grape seeds and pure botanical essences with aromas "reminiscent" of our beautiful Napa Valley. Your skin is nourished and vital, your body/mind rested and renewed. Unscented grapeseed oil is available, if desired. 60/75/90/120 minutes

#### *Deep Touch Bodywork*

For those that like a deeper touch, targeting specific areas of pain. 75/90 minutes

#### *The Replenisher*

Rosemary and Peppermint essential oils are blended with our antioxidant grape seed oil to help combat fatigue from over work and/or travel. An electrolyte drink is served at the end of the massage. 75/90/120 minutes

#### *Yountville Soother*

Lavender essential oil soothes the nerves and melts away stress. A few deep breaths guide you into this highly intuitive massage. 75/90/120 minutes

#### *Boundless Bodywork*

Let your therapist do what they do best and treat yourself to the experience of their years of study and practice. Just say, "Give me your best!" 75/90/120 minutes

### *Body/Mind Fitness*

We offer private or group classes in the adjacent park, poolside or in the privacy of your room. Please call for availability. Classes include:

- Yoga or Chi Qung
- Outdoor Fitness Training
- Yoga Walk
- Team Building for Groups

### *Couples Retreat*

#### *Next to Me*

Savor your time together and renew your connection in the privacy of your room while receiving your massages. Essences of nutmeg, patchouli, and ylang ylang oils serve to open the heart to rapture. 60/90/120 minutes

#### *Resonance*

In conjunction with your passion potion massage, we use resonant ohm tuning forks on specific energy points of the body. Healing sound vibrates the same energy centers, at the same time, on you and your partner. A sense of oneness can fill the room. 75/90/120 minutes

#### *Back to Love*

Both of you receive a back exfoliation treatment with grape seed and rosemary, complete with a hot herbal towel compression. Then a special blend of oils to massage your cares away. 75/90/120 minutes

#### *Suite Luxury*

Available in our luxury suites only, you may choose any spa experience of the same length to be administered in front of the fire. Follow with a bubble bath for two and an aphrodisiac elixir to set the mood. Add 15 minutes to any chosen service.

*Romantic Hint: After your treatment, have in-room dining from the adjacent Napa Valley Grille.*

Call spa services for reservations:

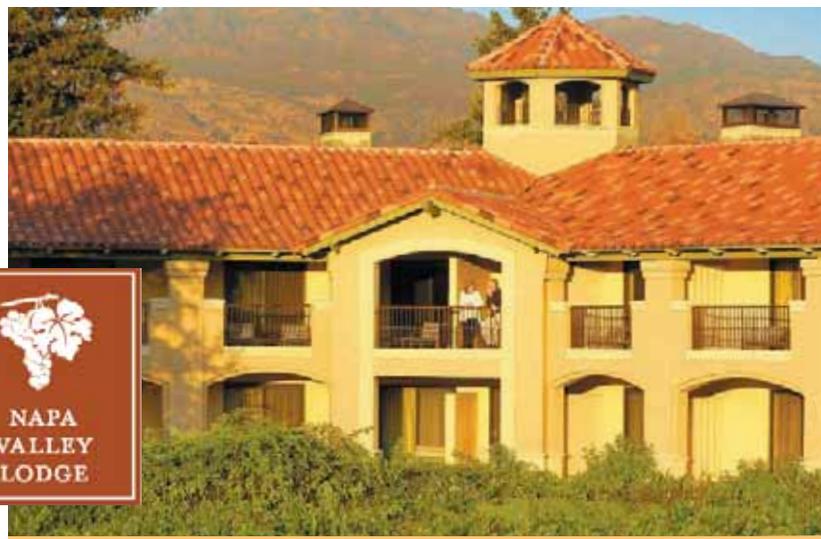
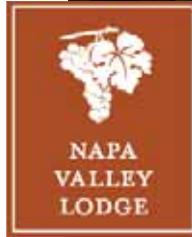
**(707) 944-0553**

[www.napavalleylodge.com](http://www.napavalleylodge.com)

# NAPA VALLEY LODGE

## *In-Room Spa Menu*

Time away from daily stress can transform us on many levels. We invite you to take time out to experience the benefits of our exceptional massage and body work.



### *Valley Varietals*

#### *Fabulous Facial Massage*

Cleanse, exfoliate, tone, moisturize, nourish and protect. This power packed treatment promotes collagen and cell regeneration. Antioxidant grape seed extract protects the skin from free radical damage. A shoulder, neck, hand and foot massage are included. 60 minutes; With full body massage 90/120 minutes

#### *Olive You*

Massage/scalp and hair/foot treatment

Your whole body, skin, hair and feet are cared for in this popular treatment. Your feet are scrubbed with olive oil, apricot kernels and peppermint oil and snugly wrapped to open the pores. Then we hydrate your feet with soothing balm. Your hair and scalp treatment features the finest hair products in the world. Finish with a grape seed/olive oil massage. 90/120 minutes

#### *Lavish Me Lavender*

Dry brush exfoliation/lavender oil massage

A cell-cleansing dry brush exfoliation stimulates lymph flow and prepares the skin for deep hydration. Then a lavender hydrosol spritz and moisturizing massage are next. 90/120 minutes

#### *Botanical Body Buff & Massage*

Exfoliate and hydrate your skin at the same time. Loaded with botanicals of the Valley that gently exfoliate. And luxurious Omega rich oils rejuvenate your skin. 90/120 minutes.

#### *Have It All*

Three hours of total bliss. Includes a body polish, facial, foot, hair and scalp treatment. Select the massage of your choice.

#### *Queen for a Day*

For the girls that like to have fun! Stay in one of our Queen rooms with two queen beds and enjoy pure pleasure with hand and foot treatments, body exfoliation, scalp and hair massage, mini-facials and full body massage. We help you design the day of your dreams.

### *General Information*

#### **RATES**

\$100 per 60 minute massage

\$125 for 75 minutes

\$150 for 90 minutes

Suite Luxury - \$25 per person additional

Deep Touch \$115/1 hour; \$145/75 minutes;  
\$175/90 minutes

Fitness - \$150 for up to 8 people

Please note: Spa service rates are subject to change without notice.

Please call to confirm current rates.

#### **HOURS OF SERVICE**

Treatment hours are 8:00 am to 8:00 pm.

Reservation hours are 8:30 am to 7:00 pm.

Hours vary in winter and on major holidays.

#### **SPECIAL REQUESTS AT RESERVATION**

Please specify your gender preference for therapist if this is important to you. Our therapists are highly trained and professional. Please inform us of any special needs when booking your appointment so we can accommodate you properly.

#### **GRATUITY**

Gratuity is left to your discretion. If pleased, a standard gratuity is 18%.

#### **CANCELLATION POLICY**

In appreciation of our therapists' time, we have a 24-hour notice for cancellations or changes. Cancellations within the 24 hour period prior to your treatment will result in a full charge if we are unable to re-book the time.

*Call spa services for reservations:*

**(707) 944-0553**

*www.napavalleylodge.com*